

Step 2 -- We came to believe that a power greater than ourselves could restore us to sanity.

“For we have heard of your faith in Christ Jesus and your love for all of God’s people, which come from your confident hope of what God has reserved for you in heaven. You have had this expectation ever since you first heard the truth of the Good News.” (Colossians 1:4–5, NLT)

“Faith shows the reality of what we hope for; it is the evidence of things we cannot see.” (Hebrews 11:1, NLT)

Together, this scripture describes how faith springs from hope, often in situations where we cannot see the results. In this lesson, we will look at how strong faith comes from real hope.

A closely related concept to hope is faith. In Operation 180, faith is defined in this way: **Faith = Risk + Direction.**

When we have faith, we are willing to step out in a direction that involves risk. When we make this move from a strong position of hope, we are moving in faith in a direction that often involves a goal or destination that cannot be seen. When we are filled with a confident, expectant hope, we will risk moving in faith.

As we will see throughout this series, moving out of the dark and into the light is risky because it can trigger fear and shame for many people, causing them to remain in hiding. It takes strong faith that comes from real hope to begin our recovery process.

Question #1: What do you fear in coming out of the dark and into the light?

Question #2: What is holding you back your faith that God move in your recovery process? How can this group pray for your recovery?

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